



Parents !

You want your child to be happy, sociable, confident, BUT...

What if it doesn't FEEL good enough?

What if your child is difficult, upset, angry, anxious?

Or are you concerned about how they are managing with a change in circumstances – divorce/separation, bereavement or something else?

What if ...you want some help?

Our small and friendly team has wide experience of working with parents when problems arise with children. These might include:

- *Challenging behaviour*
- *Emotional difficulties*
- *Anxieties*
- *Tricky parent-child relationships*
- *Special needs, mental health conditions or problems*



We know that parents can sometimes feel under enormous pressure. What could our team offer you?

- *One-to-one work, or you might prefer a group*
- *Effective strategies, a toolbox of ideas*
- *Greater understanding of your child's behaviours*
- *Improvements in parent-child relationships*

Find us at:

parentingpractitionersoxfordshire.co.uk