



## **Newsletter Autumn 2019**

Over the Autumn Terms, the focus of learning in our partner schools has been about Healthy Living and Substance Misuse. The curriculum has been updated and teaching staff benefitted from additional training provided by the Health Service and Police and will be participating in further training provided by Aquarius (specialists in Substance Misuse and awareness); the council were very kind in providing the training venue for us.

It is very important that we educate our children from a young age about keeping themselves safe in the home as well as the local community. The curriculum has been tailor made to be age appropriate for the children and with each year, their knowledge will increase and the subject matters change.

Some of you may have seen the documentary about Child Drug Exploitation in Oxfordshire (Britain's Child Drug Runners—Channel 4), we will be covering Exploitation in all its guises in the Summer Terms, but it is important that this subject is discussed at home as well as at school.

If you would like guidance and information on the subject matters we cover, please take a look at our website <https://scib.info/> or speak to a member of staff at school.

Here are some examples of the work that has been covered this autumn:

**Orchard Fields** our Year 2 learned about medicines and harmful substances in the home. Children learned about harmful household substances, like cleaning products and also about the safety of medicines and who should/should not administer them. Year 1 made 'Helping Hands'.

**Queensway** Our Years 3 & 6 produced bookmarks on healthy living and substance misuse.

**St Mary's** have produced some fantastic displays at school, centred on Healthy Living and Substance Misuse. We also produced work on children recognising their own warning signs, identifying their 'safe' people and looking at their own emotional well-being.

**STOP-FEEL-THINK-DO**

### Helping Hand

The trusted adults on my hand are;

- Alive
- Contactable
- People I trust to help me
- Grown ups
- People I am confident to talk to

Thursday 14th November  
M.L.T. Identify early warning signs

**SciB**

**Early Warning Signs**  
Think about all the ways your body might tell you something is not safe. Draw them on the body.

Which feelings did you not circle?

These may give you early warning signs.

What does this feel like in your body?

*I feel angry when I'm sad. Some feelings are hard to see. I feel like I'm going to cry. I feel like I'm going to punch someone. I feel like I'm going to run away. I feel like I'm going to hide. I feel like I'm going to cry. I feel like I'm going to punch someone. I feel like I'm going to run away. I feel like I'm going to hide.*

Thursday 17th November 2016  
M.L.T. Review the key information about meningitis and common early warning signs

**What is meningitis?**  
Meningitis is a disease that causes inflammation of the meninges, the protective layers of the brain and spinal cord.

**What are the early warning signs?**  
Common signs include: fever, headache, stiff neck, vomiting, confusion, and sensitivity to light.

**How is meningitis spread?**  
Meningitis can be spread through direct contact with saliva, such as kissing, coughing, or sharing drinks.

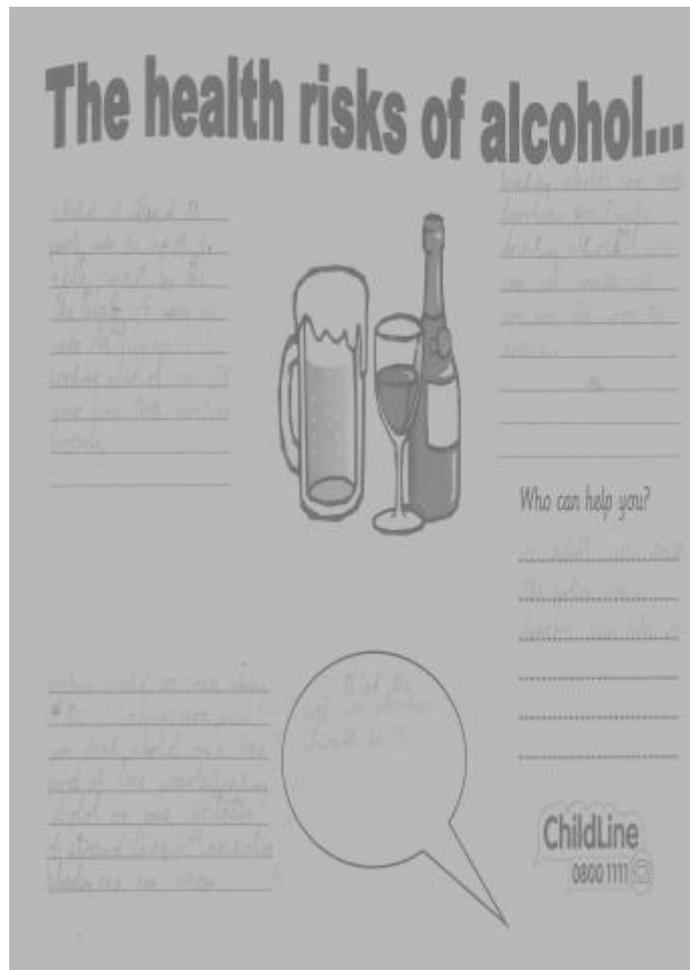
**Why is meningitis dangerous?**  
If left untreated, meningitis can lead to serious complications, including brain damage, hearing loss, and even death.

**How can meningitis be prevented?**  
Vaccination is the best way to prevent meningitis. Other measures include good hygiene, such as washing hands and avoiding close contact with sick people.

**What should I do if I suspect meningitis?**  
If you notice any of the early warning signs, seek medical attention immediately. Early diagnosis and treatment are crucial for a good outcome.

**Do you have any questions about the signs?**  
I want to know what doctors use to do with patients. Are there any tests, left, treatments or more signs?





Our next focus is about Online Safety.

If you are affected by any of the issues that your children have been learning about or have any questions, please remember to have a look at our website <https://scib.info/>, speak to a member of staff at school or contact a health professional.

