



Newsletter Summer 2019

This is the first SCIB Newsletter produced, hi-lighting some of the topics that your children have been learning about in school and hopefully giving you valuable advice and links to support.

Who is SCIB?

SCIB stands for Safeguarding Children in Banbury. It was set up to address the growing need for agencies (schools, health, police, social care and many more) to work collaboratively to educate our children on how to keep themselves safe from harm and, in turn, educate our parents and carers to keep their children safe.

Why?

There seems to be more risk for young people in the world and they are exposed to a lot more issues around subjects like internet safety, Child Exploitation (sexual and drug), substance misuse as well as physical, sexual and emotional abuse.

What is the aim?

For schools and agencies to work together to deliver effective education so that our children have all the relevant, up to date information delivered to them in school (age appropriate) at similar times of the school year, for instance, school will concentrate on the subject of being safe online to coincide with Internet Safety Day.

The hope is that families will become better informed about the risks posed and work together to build a stronger and safer community. This starts at home and we hope that our newsletter will help give you the tools to keep your child safe.

My home, my street, my town

Together we can all make a difference



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The focus in schools in February was online safety, this tied in with Internet Safety Day. As parents and carers, we need to be knowledgeable about what children and teenagers are potentially being exposed to both online, on their mobile phones, borrowing *your* mobile phone and gaming.

Lots of children are playing games online that are rated at a higher age. Here are a few examples:

Age Restrictions – is your child old enough?



All of these apps have a lower age limit of 13 years old

Fortnite has a minimum age of 12 years old

Minecraft has a minimum age of 7 or 13 years old (depending on version)

Grand Theft Auto has a minimum age of 18 years old

Please check games and apps for content and age restrictions. Even if your child is old enough to play/access the app or game, is the content appropriate for *your* child?

Parental Controls on devices and TV. Please ensure that you utilise the facility to restrict the content that your child can access; you can also restrict the times that your child can be online on a lot of devices.

For more useful information, check out Childnet website, it has great information for adults to ensure they are up to date with the risks and issues online and covers age ranges from under 5s up to teens.

<https://www.childnet.com/parents-and-carers/hot-topics>

Other useful websites are:

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety>

<https://www.internetmatters.org/advice/digital-resilience-toolkit>

Topics coming up for Summer:

Healthy Relationships

Child Sex Exploitation

Child Drug Exploitation

Exploitation (such as Modern Slavery)

There are lessons specific to different ages, the children have a curriculum that is tailored to their stage and potential risk. These are some topics (not for each age group) that could be covered from Year 1 up to Year 11: safe people, Underpants Rule, feeling lonely, healthy relationships, recognising feelings, understanding body changes, human trafficking, domestic violence, healthy bodies, sexually transmitted infections & pregnancy.

Here are some examples of what the children and teenagers have been learning over this year so far:

Sunshine Centre



'Talking Pants'

This display has captured both families and professionals attention and stimulated lots of positive conversation. The Pants washing line was very often the start of conversations. Alongside the NSPCC Pants messages we also included saying 'No' which teaches children if they can cross their hands in a place on their body then they can say 'No' to people touching them there. Of course it is explained that there

Dashwood Banbury Academy

Year 3 looked at Health Living and Eating during Term 1 & 2.



Wykham Park Academy

Students at Wykham Park watched a play about Self Harm called 'Under My Skin', which was followed up with lessons about the issue.

Orchard Fields School

Here are a couple of examples of what the pupils have learned about and discussed. The tree is a lesson on who makes them feel safe and the large display is about keeping safe online.



For advice & Support:

Young Minds - www.youngminds.org.uk

National Self-Harm Network - www.nshn.co.uk

Childline – www.childline.org 0800 1111

Harmless - www.harmless.org.uk

NSPCC – www.nspcc.org.uk

Oxfordshire Safeguarding Children’s Board – www.oscb.org.uk

Let's talk about it – www.ltai.info/

Prevent – www.preventtragedies.co.uk/

Adult & Children Social Care Multi Agency Safeguarding Hub (MASH) – 0845 050 7666

Police – 101

Talk to Frank Information on Drugs & Substances—www.talktofrank.com

CAMHS (Children’s Mental Health) - www.oxfordhealth.nhs.uk/camhs/

CEOP Think You Know Website—www.thinkuknow.co.uk

CEOP & Parent Zone Information—<https://parentinfo.org/>

From all of the organisations involved in **SCIB, have a happy and safe summer. We will be producing a newsletter three times a year to highlight what the children have been learning and give you the opportunity to keep up to date with the issues that children and teenagers face.**