

Year group	Focus RSE	DDH date	Title of the sessions
7	<p>Topic 1 - Families 1. Different types of relationships, including those within families, friendships, romantic or intimate relationships and the factors that can affect these relationships (including age, gender, power and interests) 2. The nature and importance of marriage, civil partnership and other stable, long-term relationships for family life and bringing up children. 3. The role and responsibilities of parents, carers and children in families.</p> <p>Topic 2- Respectful relationships, including Friendships 1. The similarities, differences and diversity among people of different race, culture, ability, disability, sex, gender identity, age and sexual orientation and the impact of stereotyping, prejudice, bigotry, bullying, and discrimination on individuals and communities. 2. The unacceptability of sexist, homophobic, transphobic, racist and disablist language and behaviour, the need to challenge it and how to do so. 3. To recognise that everyone has the same rights to opportunities in learning and work; to recognise and challenge stereotypes; and/or family or cultural expectations that may limit aspirations.</p> <p>Topic 3- Online and Media 1. The safe and responsible use of information communication technology (including safe management of own and other’s personal data including images). 2. To establish clear personal boundaries, those aspects of their lives they wish to be private, shared only with specific people, and made public; to understand the right to privacy. 3. To recognise to portrayal and impact of sex in the media and social media (which might include music videos, advertising and sexual images shared between young people, the unrealistic portrayal of relationships and sex in pornography).</p> <p>Topic 4- Being safe 1. The law in relation to consent (including the legal age of consent for sexual activity, the legal definition of consent and the responsibility in law for the seeker of consent to ensure that consent has been given. 2. How to seek consent of another person and be sure that consent has been given; how to assertively withhold or withdraw consent.</p> <p>Topic 5- Intimate and sexual relationships, including sexual health 1. To recognise that relationships can cause strong feelings and emotions (including sexual attraction) 2. To recognise peer pressure and have strategies to manage it; to recognise ‘group think’ (where the cohesion of the group becomes more important than the choices or the actions of the individual) and to develop strategies to manage it. 3. To acknowledge and respect the right not to have intimate relationships until ready. 4. To understand about readiness for sex and the benefits of delaying sexual activity.</p>	<p>T1, W3 T1, DDH 3 T3, W5 T5, W6</p> <p>T1, DDH1 T1, DDH1 T2, W3 T3, DDH1,2,&3 T3, W4 T5, W3</p> <p>T1, W7 T5, DDH2 T5, DDH3</p> <p>T2, DDH2 T2, W6</p> <p>T2, DDH1 T2, DDH4 T2, W5</p>	<p>Student Council Diversity Programme Assembly RSE: Family and Diversity LGBTQ+ Assembly Pride Month Launch Assembly</p> <p>PSHE: British Values PSHE: Personal Values Student Council Anti-Bullying Assembly Citizenship: Democracy, Rights and what is a community Kindness Assembly Protected Characteristics and Human Rights Assembly</p> <p>Online Media Assembly with PC Rob Kelly RSE: Digital resilience RSE: Forms of communication</p> <p>RSE: Introducing Consent Respectful Relationships and DV Assembly</p> <p>RSE: Puberty, Emotional Changes and Vaccinations PSHE: Supporting good health World Aids Week and Sexual Health Assembly</p>
8	<p>Topic 1 - Families 1. Different types of relationships, including those within families, friendships, romantic or intimate relationships and the factors that can affect these relationships (including age, gender, power and interests)</p>	<p>T1, W3 T2, DDH2 T3, W5 T5, W6</p>	<p>Student Council Diversity Programme Assembly RSE: Sexual Orientation LGBTQ+ Assembly Pride Month Launch Assembly</p>

	<p>2. The nature and importance of marriage, civil partnership and other stable, long-term relationships for family life and bringing up children.</p> <p>3. The role and responsibilities of parents, carers and children in families.</p> <p>Topic 2- Respectful relationships, including Friendships</p> <p>1. The similarities, differences and diversity among people of different race, culture, ability, disability, sex, gender identity, age and sexual orientation and the impact of stereotyping, prejudice, bigotry, bullying, and discrimination on individuals and communities.</p> <p>2. The unacceptability of sexist, homophobic, transphobic, racist and disablist language and behaviour, the need to challenge it and how to do so.</p> <p>3. To recognise that everyone has the same rights to opportunities in learning and work; to recognise and challenge stereotypes; and/or family or cultural expectations that may limit aspirations.</p> <p>Topic 3- Online and Media</p> <p>1. The safe and responsible use of information communication technology (including safe management of own and other’s personal data including images).</p> <p>2. To establish clear personal boundaries, those aspects of their lives they wish to be private, shared only with specific people, and made public; to understand the right to privacy.</p> <p>3. To recognise to portrayal and impact of sex in the media and social media (which might include music videos, advertising and sexual images shared between young people, the unrealistic portrayal of relationships and sex in pornography).</p> <p>Topic 4- Being safe</p> <p>1. The law in relation to consent (including the legal age of consent for sexual activity, the legal definition of consent and the responsibility in law for the seeker of consent to ensure that consent has been given.</p> <p>2. How to seek consent of another person and be sure that consent has been given; how to assertively withhold or withdraw consent.</p> <p>Topic 5- Intimate and sexual relationships, including sexual health</p> <p>1. To consider different levels of intimacy and their consequences.</p> <p>2. To understand about contraception including the condom and the pill and to develop communication and negotiation skills necessary for contraceptive use in healthy relationships.</p> <p>3. To understand that certain infections can be spread through sexual activity and that barrier contraceptives offer some protection against certain STIs.</p> <p>4. The personal and social risks and consequences of substance use and misuse.</p>	<p>T1, DDH2 T2, DDH2 T2, W3 T2, W6 T3, W4 T3, DDH2 T4, DDH1 T5, W3</p> <p>T1, W7 T1, DDH5</p> <p>T2, DDH1</p> <p>T1, DDH4 T2, W5 T4, DDH2</p>	<p>PSHE: British Values RSE: Respectful Relationships Student Council Anti-Bullying Assembly Respectful Relationships and DV Assembly Kindness Assembly Citizenship: Human Rights PSHE: Equality Act and Disability Protected Characteristics and Human Rights Assembly</p> <p>Online Media Assembly with PC Rob Kelly RSE: Online Safety</p> <p>RSE: Consent (yr8)</p> <p>PSHE: Drugs Education World Aids Week and Sexual Health Assembly RSE: Contraception</p>
9	<p>Topic 1 – Families</p> <p>1. Living together, marriage and civil partnership and other ways people freely and without coercion, demonstrate their commitment with each other.</p> <p>2. Good parenting skills are a central importance to family life (including the implications of young parenthood; to be able to make informed choices about parenting, including issues around breastfeeding)</p> <p>3. To develop awareness of exploitation, bullying, harassment and control in relationships (including the unique challenges posed by online abuse and the unacceptability of physical, emotional, sexual abuse in all types of teenage relationships, including in groups such as gangs) and the skills and strategies to respond appropriately or access support.</p> <p>Topic 2- Respectful relationships, including Friendships</p> <p>1. To understand and respect other’s faith and cultural expectations concerning relationships and sexual activity.</p>	<p>T1, W3 T3, W5 T5, DDH5 T5, W6</p> <p>T1, DDH1 T1, DHH5</p>	<p>Student Council Diversity Programme Assembly LGBTQ+ Assembly PSHE: Pride Around the World Pride Month Launch Assembly</p> <p>RSE: Beginning Relationships RSE: Relationships, the easy and the hard</p>

	<p>2. The similarities, differences and diversity among people of different race, culture, ability, disability, sex, gender identity, age and sexual orientation and the impact of stereotyping, prejudice, bigotry, bullying, and discrimination on individuals and communities.</p> <p>3. The unacceptability of sexist, homophobic, transphobic, racist and disablist language and behaviour, the need to challenge it and how to do so.</p> <p>4. To recognise that everyone has the same rights to opportunities in learning and work; to recognise and challenge stereotypes; and/or family or cultural expectations that may limit aspirations.</p> <p>Topic 3- Online and Media</p> <p>1. The legal and personal risks associated with being asked for or sharing intimate images of others and strategies for managing these risks.</p> <p>2. The safe and responsible use of information communication technology (including safe management of own and other's personal data including images).</p> <p>3. To establish clear personal boundaries, those aspects of their lives they wish to be private, shared only with specific people, and made public; to understand the right to privacy.</p> <p>4. To recognise to portrayal and impact of sex in the media and social media (which might include music videos, advertising and sexual images shared between young people, the unrealistic portrayal of relationships and sex in pornography).</p> <p>Topic 4- Being safe</p> <p>1. The law in relation to consent (including the legal age of consent for sexual activity, the legal definition of consent and the responsibility in law for the seeker of consent to ensure that consent has been given).</p> <p>2. How to seek consent of another person and be sure that consent has been given; how to assertively withhold or withdraw consent.</p> <p>Topic 5- Intimate and sexual relationships, including sexual health</p> <p>1. The characteristics and benefits of positive, strong, supportive, equal relationships.</p> <p>2. About accessing and the correct use of contraception (including emergency contraception) negotiating condom use.</p> <p>3. To identify, evaluate and independently access reliable sources of information, advice and support for all aspect of physical or mental health (including sexual health services).</p> <p>4. The personal and social risks and consequences of substance use and misuse.</p>	<p>T2, W3 T2, W6 T3, W4 T4, DDH3 T5, DDH1 T5, DDH2 T5, DDH3 T5, W3</p> <p>T1, W7 T3, DDH3 T3, DDH 4&5</p> <p>T1, DDH2</p> <p>T1, DDH3 T1, DDH4 T2, DDH1 T2, DDH2 T2, DDH3 T2, DDH5 T2, W5</p>	<p>Student Council Anti-Bullying Assembly Respectful Relationships and DV Assembly Kindness Assembly PSHE: Homophobia in Sport PSHE: Finding your Voice against Injustice (Solutions not Sides) PSHE: Campaigning for Human Justice PSHE: Challenging and Fighting Racism Protected Characteristics and Human Rights Assembly</p> <p>Online Media Assembly with PC Rob Kelly RSE: Sexting RSE: Online Stress and Social Media</p> <p>RSE: Capacity to Consent</p> <p>RSE: Preventing STIs RSE: Unintended Pregnancy PSHE: Drugs Education RSE: Contraception PSHE: Alcohol RSE Condom Negotiation World Aids Week and Sexual Health Assembly</p>
10	<p>Topic 1 – Families</p> <p>1. Living together, marriage and civil partnership and other ways people freely and without coercion, demonstrate their commitment with each other.</p> <p>2. Good parenting skills are a central importance to family life (including the implications of young parenthood; to be able to make informed choices about parenting, including issues around breastfeeding)</p> <p>3. To develop awareness of exploitation, bullying, harassment and control in relationships (including the unique challenges posed by online abuse and the unacceptability of physical, emotional, sexual abuse in all types of teenage relationships, including in groups such as gangs) and the skills and strategies to respond appropriately or access support.</p> <p>Topic 2- Respectful relationships, including Friendships</p> <p>1. The characteristics and benefits of positive, strong, supportive, equal relationships.</p>	<p>T1, W3 T3, W5 T4, DDH1 T5, W6</p> <p>T2, W3</p>	<p>Student Council Diversity Programme Assembly LGBTQ+ Assembly RSE: Relationships (yr10) Pride Month Launch Assembly</p> <p>Student Council Anti-Bullying Assembly</p>

	<p>2. To recognise when a relationship is unhealthy or abusive (including the unacceptability of both emotional and physical abuse or violence including 'honour' based violence, forced marriage and rape) and strategies to manage this or access support for self or others at risk)</p> <p>3. To develop an awareness of exploitation, bullying, harassment and control in relationships (including the unique challenges posed by online abuse and the unacceptability of physical, emotional, sexual abuse in all types of teenage relationships, including in groups such as gangs) and the skills and strategies to respond appropriately or access support.</p> <p>Topic 3- Online and Media</p> <p>1. The legal and personal risks associated with being asked for or sharing intimate images of others and strategies for managing these risks.</p> <p>2. The safe and responsible use of information communication technology (including safe management of own and other's personal data including images).</p> <p>3. To establish clear personal boundaries, those aspects of their lives they wish to be private, shared only with specific people, and made public; to understand the right to privacy.</p> <p>4. To recognise the portrayal and impact of sex in the media and social media (which might include music videos, advertising and sexual images shared between young people, the unrealistic portrayal of relationships and sex in pornography).</p> <p>Topic 4- Being safe</p> <p>1. The law in relation to consent (including the legal age of consent for sexual activity, the legal definition of consent and the responsibility in law for the seeker of consent to ensure that consent has been given).</p> <p>2. How to seek consent of another person and be sure that consent has been given; how to assertively withhold or withdraw consent.</p> <p>3. Living together, marriage and civil partnership and ways people freely and without coercion, demonstrate their commitment with each other.</p> <p>4. To recognise when a relationship is unhealthy or abusive (including the unacceptability of both emotional and physical abuse or violence including 'honour' based violence, forced marriage and rape) and strategies to manage this or access support for self or others at risk).</p> <p>Topic 5- Intimate and sexual relationships, including sexual health</p> <p>1. To manage romantic relationship challenges, including break ups.</p> <p>2. That fertility levels can vary in different people; can be damaged by some sexually transmitted infections; can decrease with age.</p> <p>3. About abortion, including the current legal position and the range of benefits and opinions about it.</p> <p>4. The pathways available in the event of unintended pregnancy, the possible physical and emotional reactions and responses people may have to each option and who to talk to for accurate, impartial advice and support.</p> <p>5. To recognise the impact of drugs and alcohol on choices and sexual behaviour.</p>	<p>T2, W6 T3, W4 T4, DDH1 T4, DDH5 T5, W3</p> <p>T1, W7 T4, DDH3 T3, DDH2 & 4</p> <p>T4, DDH2 T5, DDH1</p> <p>T2, DDH2 T2, W5 T4, DDH4</p>	<p>Respectful Relationships and DV Assembly Kindness Assembly RSE: Positive Relationships Citizenship: Equality and Diversity Protected Characteristics and Human Rights Assembly</p> <p>Online Media Assembly with PC Rob Kelly RSE: Sharing Images PSHE: Online Safety</p> <p>RSE: Consent (yr10) RSE: Domestic Violence and Coercive Relationships</p> <p>RSE/RE: Abortion World Aids Week and Sexual Health Assembly RSE: Unintended Pregnancy</p>
11	<p>Topic 1 – Families</p> <p>1. Living together, marriage and civil partnership and other ways people freely and without coercion, demonstrate their commitment with each other.</p> <p>2. Good parenting skills are a central importance to family life (including the implications of young parenthood; to be able to make informed choices about parenting, including issues around breastfeeding)</p> <p>3. To develop awareness of exploitation, bullying, harassment and control in relationships (including the unique challenges posed by online abuse and the unacceptability of physical, emotional, sexual abuse in all types of teenage relationships, including in groups such as gangs) and the skills and strategies to respond appropriately or access support.</p>	<p>T1, W3 T1, DDH3 T3, W5 T5, W6</p>	<p>Student Council Diversity Programme Assembly Citizenship: Discrimination LGBTQ+ Assembly Pride Month Launch Assembly</p>

<p><u>Topic 2- Respectful relationships, including Friendships</u> 1. The unacceptability of all forms of discrimination and how to challenge it, prejudice, bigotry in the wider community, including the workplace.</p> <p><u>Topic 3- Online and Media</u> 1. The legal and personal risks associated with being asked for or sharing intimate images of others and strategies for managing these risks. 2. The safe and responsible use of information communication technology (including safe management of own and other’s personal data including images). 3. To establish clear personal boundaries, those aspects of their lives they wish to be private, shared only with specific people, and made public; to understand the right to privacy. 4. To recognise to portrayal and impact of sex in the media and social media (which might include music videos, advertising and sexual images shared between young people, the unrealistic portrayal of relationships and sex in pornography).</p> <p><u>Topic 5- Intimate and sexual relationships, including sexual health</u> 1. To assess readiness for sex. 2. The reasons why parents choose to adopt/foster or to place children for adoption /fostering.</p>	<p>T2, DDH2 & 3 T2, W3 T2, W6 T3, W4 T5, DDH4 T5, W3</p> <p>T2, DDH5 T1, W7</p> <p>T4, DDH1 T4, DDH2 T2, W5</p>	<p>RSE: Unhealthy Relationships Student Council Anti-Bullying Assembly Respectful Relationships and DV Assembly Kindness Assembly PSHE: Stereotyping Protected Characteristics and Human Rights Assembly</p> <p>RSE: Body Image Online Media Assembly with PC Rob Kelly</p> <p>RSE: Fostering and Adopting RSE: Sexual Health (yr11) World Aids Week and Sexual Health Assembly</p>
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